

Class	Date(s)	Fee
Total enclosed		
Name		
Address		
City	State	Zip
Home phone	Cell phone	
Email		

Please visit www.awayofwellness.com for complete descriptions, current schedules and on-line registrations. Not cyber savvy? Give a call and we'll snail mail the info to you.



8795 Ralston Road, Suite 112, Arvada, Colorado 80002
303-456-6622 • www.awayofwellness.com

Tsy Schupack
CranioSacral Therapy
Lymph Drainage Therapy
Energywork, Reiki,
Jin Shin & Healing Touch
Zero Balancing

Affirmations • Dowsing • Healing • Meditation • Reiki

Class fee: \$75.00 - three sessions 6:30-9:00 p.m.

Affirmations

- two sessions 6:30-9:00 p.m.
April 2 & 9, 2008

Dowsing with Charts

- one session 10:00-5:00 p.m.
March 8, 2008

Energetic Healing

- three sessions 6:30-9:00 p.m.
July 9, 16 & 23, 2008

Meditation Sampler

- three sessions 6:30-9:00 p.m.
March 5, 12 & 19, 2008
October 1, 8 & 15, 2008

Wax on...Wax off

- one session 10:00-4:00 p.m.
January 20, 2008
April 20, 2008
June 15, 2008
October 19, 2008

Reiki I

Weekends

- two sessions 10:00-5:00 p.m.
February 2 & 3, 2008
March 1 & 2, 2008
June 7 & 8, 2008
July 12 & 13, 2008*
October 4 & 5, 2008
November 1 & 2, 2008

* fee free training, call for details

Weekdays

- three sessions 10:00-2:00 p.m.
February 4, 11 & 18, 2008
March 3, 10 & 17, 2008
June 2, 9 & 16, 2008
October 16, 13 & 20, 2008
November 3, 10 & 17, 2008

Reiki II

Weekends

- two sessions 10:00-5:00 p.m.
April 5 & 6, 2008
August 2 & 3, 2008
December 6 & 7, 2008

Weekdays

- three sessions 10:00-2:00 p.m.
April 7, 14 & 21, 2008
August 4, 11 & 18, 2008
December 1, 8 & 15, 2008

Reiki III

- Friday 6:30-9:00 p.m. - Saturday
& Sunday 10:00-5:00 p.m.
January 11, 12 & 13, 2008
May 2, 3 & 4, 2008
September 12, 13 & 14, 2008

*Additional classes, trainings and events may be added throughout the year,
please visit our web site or call for a current listing.*

Meditation Sampler

Looking for Enlightenment? Or your perhaps car keys? Meditation can assist in achieving your goals without the need to trek to the nearest mountain top or spend years sitting in solitude. Sample various forms of meditation and learn how this simple art reduces stress while bringing greater clarity and connection to your own inner wisdom.

Facilitator: Dan Schupack

Class fee: \$75.00 - three sessions 6:30-9:00 p.m.

Wax on...Wax off—Skill polishing workshops for Reiki practitioners

The focus of these workshops is to hone and clarify existing skills and advance them to the next level of refinement while introducing new techniques. Prior Reiki training is required to fully participate in this offering.

Facilitators: Tsy Schupack

Class fee: \$75.00 - one session 10:00-4:00 p.m.

Reiki Training & Sharings

Reiki is not what you do to the leaves in the yard, nor is it Lucy Ricardo's husband. Reiki is a form of energywork based in the philosophy of channeling life force energy that pervades and surrounds all life. Reiki includes three levels of training. Level I and II are practitioner levels and the third level is available for those who wish to teach.

Facilitator: Tsy Schupack

Reiki I

The first level practitioner finds that simple intent is all that is required to start the energy flowing—then the fun begins!

Class fee: \$175.00 - four sessions 6:30-9:30 p.m. or two sessions 10:00-5:00 p.m.

Reiki II

The second level of training introduces symbolic language including its use in absentee healing, emotional clearing and additional facets of energywork.

Class fee: \$195.00 - four sessions 6:30-9:30 p.m. or two sessions 10:00-5:00 p.m.

Reiki III – Master Technique Workshop

An abbreviated form of our practitioner/teacher mentorship. This workshop includes the Reiki III/Master attunement and the essential technique information necessary to teach and attune each of the three levels of Reiki.

Class fee: \$250.00 - one session 6:30-9:00 p.m. and two sessions 10:00-5:00 p.m.

Play It Again Sam....

Reiki practice a wee bit rusty? Come on back! Previous participants are welcome to repeat Reiki training for one-half the current class fee.

Reiki Practitioner/Teacher Mentorship

This program is designed to support the individual through the processes involved in becoming a teacher of energetic arts. Personal, practitioner and teacher roles are explored and developed. Upon completion of the program, the practitioner/teacher will be prepared to confidently teach all levels. Please call or email for a complete syllabus.

Program fee: \$1,250.00 - normally completed in 6-8 months

Reiki Sharings

Doesn't matter if you just heard about Reiki or have been doing it for years—you're welcome to come join us in a round-robin of mini sessions.

Class fee: No charge—Reservations required—Sharings begin at 6:30 p.m.

January 7 & 21	April 7 & 21	July 7 & 21	October 6 & 20
February 4 & 18	May 5 & 19	August 4 & 18	November 3 & 17
March 3 & 17	June 2 & 16	September 15	December 1 & 15