



addressing body, mind and spirit...
promoting wellness, wholeness
and a sense of well-being...

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Reiki III/Master Technique Workshop

Syllabus & General Information

Facilitator: Tsy Schupack

The following schedule outlines materials to be covered and their approximate order.

The training consists of fifteen (15) contact hours.

Friday evening - 6:30 - 9:00 pm

Saturday and Sunday - 10:00 am - 5:00 pm

Please plan to arrive 15 minutes prior to the scheduled starting time to allow the opportunity to get settled.

Feel free to pack light snacks, refreshments or lunch to enjoy on breaks.

Objective

Building on Reiki I & Reiki II trainings, this workshop continues to increase the individual's avocational knowledge of energywork utilizing Reiki and provides the fundamental information and techniques to attune others to Reiki.

Friday Evening

Clearing, centering and harmonizing as a group

Introductions

Participant clearings - table work

Attunement elements (centering and clearing, space preparation, guided meditation, calling in guidance, attunement, closing, sharing)

Saturday Morning

Settle in/Housekeeping

Homework discussion

Reiki III/Master attunement

Saturday Afternoon

Attunement preparation - breath and energy exercises

Introduction and practice of Reiki I attunement

Walk through of Reiki I class agenda

Q&As from Reiki I manual

Sunday Morning

Introduction and practice of Reiki II attunement

Walk through Reiki II class agenda

Introduction of symbolic language concept

Review three primary symbols

Secondary symbols discussed

Reprogramming script writing

Distant sending

Q&As from Reiki II manual

Homework discussion

Sunday Afternoon

Introduction and practice of Reiki III/Master attunement

Homework discussion

Master practice

Prerequisites

Previously attended Reiki I & II trainings (any lineage)

Integrated material from previous trainings

Ability to confidently employ primary Reiki II symbols

Recommendations

Review information and techniques included in Reiki I and II manuals

Six months of active experience employing Reiki I and II techniques with self and others